

Benson's Breakfast Quiche

In an unbaked 9 or 10 inch crust combine:

¾ lb browned breakfast sausage

4 hard boiled eggs, diced

1 cup broccoli heads or mushrooms (optional)

8 oz grated Cabot cheddar cheese

Pour over the top of assembled crust & mixture

1 ½ cups Hudson Valley Fresh milk

3 beaten eggs

1 teaspoons pepper

Bake 40 – 45 minutes in 350° oven until golden brown. Let cool 5 minutes and slice.

This is a family recipe that has often been used for breakfast at the farm after the cows were milked in the morning.