

Hudson and Saratoga Local Foods

SUNDAY, AUGUST 30, 2009

Dairy Review



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Sour Cream and Creme Fraiche

If you've never tried Hudson Valley Fresh's sour cream, it is well worth the indulgence. With a decadently thick, rich and creamy flavor, it is slightly tart but not overly acidic. Mixed with a little maple syrup or brown sugar it makes a perfect sauce for summer ripe fruit, as the base for panna cotta or even ice cream. Ronny Brook Farm Dairy makes a rich, great tasting creme fraiche that is a little pricey but worth the expense. In the Hudson Valley look for Hudson Valley Fresh's sour cream and Ronny Brook creme fraiche at Mother Earth's Storehouse and Hannaford grocery stores.